

JOB AND PERSON DESCRIPTION

Position Title:	Personal Helpers and Mentors (PHaMs) Program Worker
Classification:	SACS Award Level 3/4, with generous salary packaging
Position Hours:	0.6 FTE Part-time position available

MIFSA

The Mental Illness Fellowship of South Australia (MIFSA) is a community based, not for profit organisation, which provides a range of education, support, rehabilitation and information services and programs for people with mental illness, their carers and the community. MIFSA programs are delivered utilising the “lived experience” of people with mental illness and carers, and according to a psychosocial rehabilitation model and recovery philosophy and practice. MIFSA's objectives include promoting greater community knowledge, awareness, support and understanding about the effects of mental illness on individuals and their carers. These objectives are pursued through research, illness management, support, reducing stigma and advancing the rights of people with a mental illness and their carers. MIFSA is part of a national body with branches across states and territories in Australia. For more information about MIFSA services and programs go to www.mifsa.org

OUR VISION, MISSION and VALUES

Our vision is that every person with mental illness is able to make a valued contribution to society, without stigma or discrimination, due to an increased understanding and awareness of mental illness in the community and the availability of appropriate services as required.

Our mission is to provide education, support, rehabilitation and recovery-based programs in a safe, quality environment to assist people with mental illness and their natural support network living in South Australia to enjoy the best possible quality of life.

Our values: Commitment, Respect, Quality and Acceptance.

POSITION SUMMARY

Under the general direction and direct supervision of the PHaMs Team Leader, the PHaMs Program Worker will assist in the development, delivery and evaluation of a high quality PHaMs program the South East Country region of South Australia. The PHaMs Program Worker will provide a range of goal-oriented support services for individuals affected by mental illness to assist them to develop independent living skills, be a part of the community and manage their mental health and wellbeing.

PHaMs programs at MIFSA are over three metropolitan regions: Outer South (Reynella), Western metropolitan Adelaide and Inner South – Unley/Mitcham (both based in Wayville); and one country region: South East (based in Mount Gambier). The program creates opportunities for progressing individual journeys of recovery by assisting people to overcome social isolation, increasing their connections to the community and enhancing personal capacity and skills. A strengths-based approach focuses on a person's strengths rather than deficits. A recovery framework recognises that individuals can live satisfying and contributing lives within the limitations caused by illness.

SPECIAL CONDITIONS

The PHaMs Program Worker position may require flexible work hours. Flexible work hours are subject to the needs of the program, as negotiated with the PHaMs Team Leader with time off in lieu provided where additional hours are worked to maintain an average of allocated hours per week. National Police clearance is required. The PHaMs Program Worker will be required to use their own vehicle and in this instance, will be compensated for mileage at the Award rate. The duties of the position may vary over time but will remain consistent with the role of PHaMs Program Worker. The position is subject to ongoing funding from the Commonwealth Department of Families, Housing, Community Services and Indigenous Affairs.

DUTIES

1. In consultation with the PHaMs Team Leader, assist in the development, delivery and evaluation of a high quality PHaMs program in the South East Country region of South Australia in accordance with rehabilitation and recovery principles to facilitate the recovery journey for participants.
2. Work closely with the PHaMs Team Leader to develop and implement resources, policies, processes and networks relevant to the PHaMs program.
3. Engage and work alongside individuals who have a severe functional limitation as a result of a mental illness as well as promote the involvement of their carers, family and friends in their recovery journey.
4. Deliver a range of goal-oriented support services for individuals affected by mental illness to assist participants to develop independent living skills, be a part of the community and manage their mental health and wellbeing.
5. Work with individuals to develop recovery plans to re-connect with their community, increase their independence and access support and services in their recovery journey.
6. Maintain appropriate records and reporting relating to the administration of the PHaMs program and in accordance with Funding and Service Agreement requirements.
7. Provide mental health information, education, assistance and referral by way of telephone, email or face-to-face enquiries to enable individuals to access information, services and supports.
8. Maintain up to date mental health knowledge and undertake self-guided learning on topics relevant to the PHaMs program.
9. Engage in regular supervision and annual performance appraisals to ensure ongoing professional development and the delivery of quality services.
10. Contribute to a high standard of service provided by MIFSA by participating in relevant meetings, delivering programs consistent with MIFSA's strategic plan, policies and procedures and participating in continuous quality improvement activities.
11. Plan, develop and implement special projects as directed by the Team Leader to meet specific and identified needs of participants and the community.

SKILLS, KNOWLEDGE AND EXPERIENCE REQUIRED (these are the criteria you need to address in your application)

1. A tertiary qualification, certificate or diploma relevant to the health or mental health area.
2. Sound knowledge of mental illnesses including impact on individuals, their carers and the community and relevant community services and means of accessing them.
3. Ability to deliver goal-oriented support service for individuals affected by mental illness.
4. Demonstrated ability to successfully interact with people living with mental illness and their carers.
5. Ability to be flexible and adaptable in a dynamic setting, to work autonomously as well as within small team environments.
6. Ability to embrace change and strive for continual improvement.
7. Demonstrated initiative.
8. Developing self-management, problem-solving, leadership, communication, organisational and interpersonal skills.
9. Working knowledge of Microsoft Office Programs, email and Internet.
10. Sound understanding of organisational operations and workplace practices, eg: Equal Opportunity and OHS&W.
11. If you have a mental illness and you are willing to use this lived experience in the course of your work in the PHaMs program, please describe how you would do so. (If this does not apply to you, please ignore).

REQUIREMENTS FOR THE POSITION:

1. Current Driver's licence
2. Current vehicle registration
3. Current National Police Certificate (or willing to obtain one if you are the successful applicant for the position)
4. Eligible to legally work in Australia